



Colorado Artists in Recovery Presents:

Songwriting 101

With Alex Tyler

In this six week workshop, we will be focusing on writing lyrics for music and creating an original melody to a chord progression provided. Students will also be encouraged to write their own songs from scratch if they wish. We want to provide a safe space for people just beginning to write music and also provide information to more experienced songwriters to take their writing to the next level. Songwriting can be an amazing way to process your journey of recovery, and meet other creatives to support you as you tell your story in song.

A FREE music workshop for the recovery community
Starting November 8th (Every Monday night for 6 weeks)
In Person workshop @ 66 South Logan St., Denver, CO

For more information or to register, go to

Coloradoartistsinrecovery.org



Alex Tyler is a Denver-based singer, songwriter, and producer. He owns a recording studio in East Denver where he works with many local artists. He has been writing music for two decades. His newest album was released recently under his artist name "Willock". Alex has been sober for 7 years and music has been an essential part of that journey. When he was newly sober he would play piano at the AA clubhouse, York Street, to connect with others. For him, songwriting is a way to process his feelings and share his experience, strength, and hope.

